



# ***HORARIO CLASES COLECTIVAS***

## **PUERTA DE HIERRO**

### MAÑANA

| HORA  | MINs | LUNES       | MARTES    | MIÉRCOLES     | JUEVES    | VIERNES   | SÁBADO    |
|-------|------|-------------|-----------|---------------|-----------|-----------|-----------|
| 9:15  | 45'  | PILATES     | BODY PUMP | GAP           | FUNCIONAL | PILATES   |           |
| 10:15 | 45'  | PILATES     | ZUMBA     | PILATES       | ZUMBA     | FUNCIONAL |           |
| 11:15 | 45'  | BODY COMBAT | FUNCIONAL | FUNCT. BOXING | BODY PUMP | PILATES   |           |
| 11:30 | 50'  |             |           |               |           |           | ZUMBA     |
| 12:30 | 50'  |             |           |               |           |           | BODY PUMP |

### TARDE

| HORA  | MINs | LUNES        | MARTES        | MIÉRCOLES     | JUEVES    | VIERNES | SÁBADO |
|-------|------|--------------|---------------|---------------|-----------|---------|--------|
| 18:00 | 45'  | BODY BALANCE | FUNCT. BOXING | GAP           | BODY PUMP | PILATES |        |
| 19:00 | 45'  | ZUMBA        | BODY PUMP     | ZUMBA         | BOXEO     | ZUMBA   |        |
| 20:00 | 45'  | BODY COMBAT  | BODY BALANCE  | FUNCT. BOXING | FUNCIONAL | BOXEO   |        |



@wifitgyms